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Tuesday, January 31, 2017 metro.us | t: MetroBOS | f: MetroBoston



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BIGLY MAN ON CAMPUS

Trump provokes fear among students and professors with his immigration orders. 4

OBAMA DISAGREES WITH RELIGION DISCRIMINATION

Barack Obama is heartened by the political activism he sees across the country and disagrees with discrimination against people based on their religion, a spokesman said on Monday. Kevin Lewis, a spokesman for Obama, said the former president who left office 10 days ago "fundamentally disagrees with the notion of discriminating against individuals because of their faith or religion." "Citizens



exercising their Constitutional right to assemble, organize and have their voices heard by their elected officials is exactly what we expect to see when American values are at stake," Lewis said. He said Obama was "heartened by the level of engagement taking place in communities around the country." **REUTERS**

TRUMP EXECUTIVE ORDER TO SLASH REGULATIONS

President Donald Trump signed an order on Monday that will seek to dramatically pare back federal regulations by requiring agencies to cut two existing regulations for every new rule introduced. Trump's latest executive action will prepare a process for the White House to set an annual cap on the cost of new regulations. For the rest of fiscal 2017, the cap will require that the cost of any

additional regulations be completely offset by undoing existing rules. "There will be regulation, there will be control, but it will be normalized control," Trump said as he signed the order in the Oval Office, surrounded by a group of small business owners. Trump, a businessman turned politician, campaigned on a promise to reduce federal regulations that he said burdened American businesses. **REUTERS**

GEORGE H.W. BUSH RELEASED FROM HOSPITAL

Former U.S. President George H.W. Bush, 92, was discharged on Monday from a Houston hospital where he was treated for more than two weeks after developing pneumonia, a spokesman said. "He is thankful for the many prayers and kind messages he received during his stay, as well as the world-class care that both his doctors and nurses provided," spokesman Jim Mc-



Grath said in a statement. Bush, the country's oldest-living ex-president, was released from Houston Methodist Hospital, where he was admitted on Jan. 14 while experiencing shortness of breath. He had been working with physical therapists to build strength before his release, McGrath said. **REUTERS**

5 THINGS YOU NEED TO KNOW

SEND-OFF RALLY

5 Fans cheer during a New England Patriots send-off rally at Patriot Place in Foxborough on Monday. **GETTY IMAGES**



US: IRAN TESTED MEDIUM-RANGE BALLISTIC MISSILE

Iran on Sunday carried out a test launch of a medium-range ballistic missile that exploded after 630 miles, a U.S. official said on Monday. The official, speaking on the condition of anonymity, said the test was carried out from a site near Semnan, which is east of Tehran. The official added that the last time this type of missile was test-launched was in July 2016. The

White House said it was aware that Iran had tested a missile. "We're looking into that. We're aware that Iran fired that missile. We're looking into the exact nature of it, and I'll try to have more for you later," White House spokesman Sean Spicer said during a press briefing. It was not immediately clear whether the test launch violated a United Nations Security Council resolution. **REUTERS**

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ALEXIA SACHDEV, WEB REPORTER

On Jan. 30, 1948, Mahatma Gandhi was assassinated, bringing to an end the life of a man who dedicated himself to freeing India from British rule by promoting methods of peaceful, nonviolent protest. Today, Gandhi continues to stand as a force for political change and as a spiritual pillar. Here are 13 Gandhi quotes to inspire you to change the world: **metro.us/international**

PLAY TO WIN

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Every Monday, we pick a random winner from the participants who answered correctly one of the quizzes from the previous week.

Congrats to last week's winner, Dinorah Balthazar from New York City.

metro.us/quiz

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Colleges fear long-term effects of Trump's immigration orders

Officials say the executive order may damage academic institutions when "the best and brightest start seeing that this is not a place that is welcoming."



ALEXIS SACHDEV
@lexsachdev
alexis.sachdev@metro.us

It didn't take long after President Donald Trump announced a temporary ban on certain immigrants that universities across the country began speaking out.

In a letter titled "We Are All Harvard," university President Drew Faust announced that the school was now looking to hire its first Muslim chaplain to provide guidance and support to students.

"Thousands of students and scholars and visitors come to Harvard each year from all over the globe," she wrote.

Officials from colleges nationwide also responded to the ban, which restricts refugees and citizens from several predominantly Muslim countries from entering the U.S.

New York University President Andrew Hamilton shared his own immigrant story and assured the campus that the school will support "NYU colleagues and peers affected by this order."

Temple University President Richard M. Englert said that the school "prides itself on being a community of diverse scholars," and pointed students who had questions to the office of International Student and Scholar Services.

But as college officials begin to determine how they can best help students and faculty members who may be affected by the president's executive order, some are growing increasingly worried about its long-term impact on higher education in the U.S.

"Our intellectual enterprise has been built on the basic notion of this national ethos, this American idea of openness," said Adil Najam, dean of Boston University's Frederick S. Pardee School of Global Studies.

"When the best and brightest start seeing that this is not a place that is welcoming, that on a whim a whole country will be written off, then they start thinking of alternatives."

After Trump signed the order Friday, stories of college students and faculty



MIT students rally at Copley Square on Saturday, standing in solidarity with international classmates. DEREK KOU/YOURMIRAN

members who had been affected quickly gained attention.

Two Iranian UMass Dartmouth professors were detained at Logan Airport and an MIT student who went back to Tehran to see her parents was stopped from boarding a flight to the U.S. When a City University of New York doctoral student was denied from re-entering the U.S., it sparked rallies.

"What we have to look

at is the meta message being sent here, and the meta message is that foreigners aren't welcome," said Lizbet Boroughs, an official with the American Association of Universities. "That could put higher education at a distinct disadvantage, when we have countries saying, 'We are more than happy to take whoever the U.S. doesn't want to admit.'"

The American Association of Universities re-

leased a statement following the ban that urges the Trump administration to make clear that the U.S. is open to those wishing to study, teach and research here.

That international community is "vital to our economy," the statement read.

Out of 350 Americans to have received a Nobel prize in research, more than 100 have been immigrants, Adil Najam of Boston University said.

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Is Evan Rachel Wood engaged?

Evan Rachel Wood stepped out at the SAG Awards in a velvet tux that was classy AF and... a new beau? According to Perez Hilton, his name is Zach Villa, and despite the



matching wedding bands, the two are just engaged — for now. Neither Wood or Villa mentioned their engagement, but they met while performing together at

a John Hughes-themed cabaret in 2015. They later launched a two-person band, Rebel and a Basketcase. It's just really convenient, because like, Wood's ex-husband, Jamie Bell, is recently engaged, too. Hmm. Congrats to all of the lovely couples involved!

RACHAEL CLEMMONS

Meet Gina Rodriguez's new boyfriend

The 32-year-old "Jane the Virgin" star brought out her main man to this weekend's SAG awards, and they were cute. Of course, we need to know everything about him. Here goes:

1. His name is Joe LoCicero. Clearly not horrible to look at. He's an actor, model and owner of a very strong jawline. I'm talking Prince Eric from "The Little Mermaid" strong, OK?

2. They met on the set of "Jane the Virgin." He played a stripper dressed up as Don

Quixote, and I've literally never heard of anything more romantic.

3. And they're like, really, really in love. "Our first Christmas together and your love has been the greatest gift," wrote Rodriguez in an adorable IG post. I mean, come on!

ONL. RACHAEL CLEMMONS



GETTY IMAGES

the word



Mahershala Ali, Julia Louis-Dreyfus and David Harbour were among the celebrities who made political statements at the 2017 SAG Awards. GETTY IMAGES



Should entertainers get political?

Since the inauguration of President Donald Trump, celebrities have stepped up the activism. At Sunday night's SAG Awards, winners took the opportunity to renounce his recent immigration ban.

For some fans, seeing their favorite high-profile celebrities make such public political displays is empowering, but on the flip side, Hollywood has been called out for having an elitist attitude and alienating fans with opposing views.

Billy Mann, founder and chairman of Manncom, a talent-management company that represents artists like Natasha Bedingfield, says mainstream culture is emerging from an era where entertainers left politics at home.

"As the political climate is increasingly volatile, and as we are increasingly divided, this is really where artists have the opportunity to do their best work," he says.

Mann can personally relate to taking a political stance through music, co-writing "Dear Mr. President" with Pink in 2006. The song addressed to former President George W. Bush touched on topics like war, gay rights and education.

"There was a lot of controversy and push-back, and radio stations here were reluctant to play it," says the two-time Grammy nominee. "But it did really well internationally. The internet creates a whole

new access point for artists to reach people."

No one can deny the power of the internet and how it's changed the consumption of media across the board. Just as Trump uses Twitter to rally his supporters, entertainers share the same direct line to their own fans — sans corporate control.

But how about when big money is involved? If an actor gets political and loses the support of viewers with differing opinions, does that make them less appealing for projects?

"Audiences support authenticity."

Steve Beer, entertainment attorney

Sharon Hall, president of Endemol Shine Studios, thinks it's too early to say: "I haven't been in production during the Trump era, so this is something that probably will be playing out over the next couple of months," she says. "But art is there to reverberate themes that are in society, so I don't think it's any surprise that people in the arts are politically minded one way or another."

Hall, who headed development for the hit show "Breaking Bad," also says that in today's entertainment landscape, because viewing habits are increasingly niche and customizable, political differences between

performers and fans don't matter as much as they used to.

"We're not necessarily writing for one group of people," she says.

So what about boycotts like the one Piers Morgan launched against Ewan McGregor? Losing a large chunk of an audience must be unappealing to investors in a film or TV project, right?

According to Hall, not necessarily:

"I don't know how effective a call for a boycott is actually going to be. It may disqualify any extreme right-wing supporters from watching McGregor's work, but it may also encourage people from the radical left to rally behind him."

Entertainment attorney Steven Beer believes entertainers need to do what they believe in, as authenticity is what counts most: "This is a time when fans want to know where you stand and they want to understand what their artists, whether it's a musician or an actor, what they believe in — whether or not they're spiritually aligned. Audiences support authenticity."

JENNIFER LOGUE



WARNER BROS.

First look: 'Ocean's 8' all-female cast rides the subway

Looks like the "Ocean's" franchise is staying afloat. We got a sneak peek at "Ocean's 8," an all-female "Ocean's Eleven" spinoff out this summer, when Warner Bros. released this photo of the cast riding the subway.

Sandra Bullock leads the pack as Debbie Ocean, the rumored sis-

ter to George Clooney's Danny Ocean. Mindy Kaling, Rihanna, Cate Blanchett, Sarah Paulson, Anne Hathaway and more make up the slick gang of robbers.

Because this is an "Ocean's" flick, it will center around a blowout heist, this time taking place at the Met Gala. Vogue's Anna

Wintour will make an appearance, as will Kim Kardashian West and sisters Kylie and Kendall.

The film won't be without a male cameo from the original trilogy: Matt Damon is set to appear as his "Ocean's Eleven" character Linus Caldwell.

KATE MOONEY

How do you feel about your favorite entertainers taking a stance? Tell us at metro.us



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When life is still a 'Cabaret'

The Emcee of the touring production explains why the show is still politically relevant today.

HEATHER ALTERISIO
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Roundabout Theatre Company's production of "Cabaret" — the 1966 musical based on Christopher Isherwood's novels about an ignorance-is-bliss Berlin — heads to the Boston Opera House Jan. 31. To prepare for its arrival, we chat with actor Randy Harrison who plays the Emcee about his role and why "Cabaret" is still relevant today.

"It's a dream role. It's one of the most iconic roles in musical theatre," explains Harrison, master of ceremonies for the Kit Kat Club. "I'm always communicating directly with the audience. My job is very much to break down the fourth wall."

Harrison's favorite song is "I Don't Care Much." "I think I love it mostly because it is so differ-



Andrea Goss as Sally Bowles (center) with Randy Harrison as the Emcee. JOAN MARCUS

ent from anything else I do in the show. Most of my numbers are comic, up-tempo," the longtime "Queer as Folk" alum says.

In contrast, "I Don't Care Much," a ballad, "shows a more intimate side of the Emcee." Harrison continues, "It's this beautiful torch song that I can just stand there and sing. It's kind of the first time I feel like the veneer of the empty sort of falls away and you

start to see who might actually be underneath the character that he's portraying."

This character requires an enormous amount of energy.

In regards to challenges, Harrison admits, "I'm naturally an introverted, shy person and this character is really the opposite. I really had to find a lot of confidence in myself on the stage to own the audience, to control

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so much of the action and the scope of the show. So, that was fun to dig within myself."

Fifty years later, the show

is still politically relevant.

"I feel like the show is about the consequences of political disengagement. I feel like it's about what happens when a society starts to allow hate and hate speech to be accepted." The show reveals how strong ignorance can be in allowing discrimination to grow. When this happens, the wrong people not only stay in power, but also become more fierce in their control of a people.



Randy Harrison
PROVIDED

Harrison adds, "It can lead to genocide very quickly."

As far as today, Harrison demands that our own political climate cannot be taken so lightly. "[Social media activity and TV segments] aren't jokes. They are things that have very real and devastating consequences to an enormous amount of our population potentially. If you aren't actively engaged in fighting that kind of behavior and those policies, then you might as well be throwing people in the gas chamber."

He concludes with his favorite line from the show: "If you're not against all this, then you're for it — or you might as well be." I feel like that is very true right now and I feel like the call to engagement that the show provokes I think is extraordinarily vitally important for all of us."

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Poetry for absurd times

Cate Le Bon is well aware that we live in strange times. That's the premise for the Welsh singer-songwriter's new EP "Rock Pool" which came out of the same recording sessions as her 2016 record "Crab Day." Le Bon, who now lives in Los Angeles, wrote these songs before Donald Trump came into power and the U.K. voted to Brexit the E.U., but she certainly recognizes their significance now.

The EP's title track, "Rock Pool," a song about people living in secluded bubbles, has a jangly feel. And "Aside From Growing Old," dealing with fear of the future, features bizarrely bright synths and her melodic, sing-songy vocals. The dichotomy between dark, thought-provoking themes and musical whimsy is escapism for the artist.

"In times of extreme fear and absurdity, there's a reassurance in checking out and becoming whimsical and nonsense kind of feeding into that,"



Singer-songwriter Cate Le Bon's latest is "Rock Pool" ANDREW BENGE

she says. "It's almost a language of escape and every configuration of it is some type of reality."

Writing mountainside
Le Bon recorded the "Crab Day" sessions at Panoramic House, a destination recording studio and bungalow in Stinson Beach, California.

"I know what the songs are about and the kind of words that I'm foraging for, but I leave it until the last minute to just put everything together," she explains.

It's in this spirit that the now 33-year-old was

If you go

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able to make "Crab Day" and "Rock Pool."

"[They're recordings] that I wanted to make and wanted to imply complete abandon," she says. "I think that's something that I found a lot easier as I grow old."

CHRIS LEO PALERMINO

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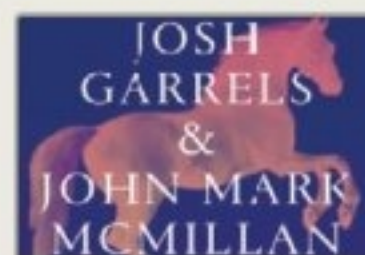
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Fighting stigma — with style

Isabella Springmuhl, reportedly the first fashion designer with Down syndrome, talks her budding fashion career.



Isabella Springmuhl has faced her share of obstacles, but the 19-year-old has since become the most recognized fashion designer in Guatemala. Despite being unable to finish her fashion course at a local college and the ongoing Down syndrome discrimination she faces, Springmuhl's work has appeared at the U.K.'s International Fashion Showcase in 2016 and at London Fashion Week.

Her brand, dubbed Down to Xjabelle, is her homage to traditional Guatemalan handcraft. She combines it with colorful and authentic contemporary silhouettes. With two official collections and an online store, Springmuhl aims to promote her fashion point of view worldwide.

When did you discover your love for fashion?
 I discovered it as a little child. My grandmother had an atelier, which made clothes using Guatemalan fabrics, so I think that fashion design is in my veins. My mother told me to read fashion magazines for hours. After that, I started making designs on paper and creating dresses for my dolls. I didn't know how to sew, so I attached them with pins.



Isabella Springmuhl is following her dream. ALL IMAGES PROVIDED

"It is great to be recognised for what is inside my heart and for my work. That is the way I prove that people like me can achieve their goals"

Isabella Springmuhl, designer

When I was in high school, I had to do a "life project." I had to identify what things I had to do in short, medium and long term. Doing that, I discovered that I loved design. I wanted to be a fashion designer and have my own brand.

What's your daily routine like?
 After breakfast, I take sewing classes, or I do horse riding. I also take Zumba classes. Everyday I go to my atelier to create pieces. The seam-

stresses make [my drawings come to life]. In the afternoon, I learn more about fashion design on the internet.

What is your dressmaking process?
 I have a mannequin book, where I draw

Shop her line

You can shop Isabella's creations at downtoxjabelle.com:

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my designs. After that, I color them. Later, in my computer software, I make them 3-D and print them. In the atelier, I give instructions to the seamstresses and embroiderers. With their help, my designs turn into reality.

Where did the name for your label come from?
 My brand is called Down to Xjabelle. Down because I have Down syndrome. Xjabelle was the name of my granny's atelier.

What has been the best experience you've had as fashion designer?

Being known for my heart and work. I feel happy for all the love that I receive from so many people worldwide.



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It could be argued that the best part about watching the Super Bowl — beyond the halftime entertainment, clever ad debuts and (occasional) moments of on-field excitement — is getting to eat and drink whatever you want. Even if you have no allegiance to the Pats or the Falcons, or Lady Gaga, you can always dig into the bevy of greasy eats, from buffalo wings to chili, to chips and guac.

But if you're not ready to surrender your new year's diet for one afternoon of leatherhead-sponsored indulgence, there are ways to snack as you watch without sacrificing taste or nutrition. Tricia Williams, the executive chef and founder of Food Matters NYC, an organic customized food delivery service, shares guilt-free recipes that you can use on game day.



FOOD MATTERS NYC

Quinoa Doritos

This healthy spin on the junk food wonder of your childhood substitutes a spice mix of garlic powder, onion powder, red pepper powder, green pepper powder, turmeric, a pinch of ancho chili powder and nutritional yeast in place of the finger-linking "nacho cheese" topping.

The protein-rich quinoa chips are formed out of a dough of quinoa

flour, salt and water, lightly sauteed in saffron or sunflower oil on high heat, and then baked in the oven at 300 degrees until crispy.

Kimchi popcorn

Kimchi powder, coconut oil and a pinch of sea salt make for a spicy, jazzed-up popcorn that's also good for you. Kimchi is a probiotic, which means it contains immunity-building bacteria that aid in digestion, while coconut oil is a good source of healthy fat and fiber. "I find popcorn tossed in coconut oil helps you feel fuller for longer so you don't eat as much," Williams says.

To make the kimchi spice, spread the contents of one small jar of kimchi on a baking sheet and roast at low heat, with the oven door slightly open, for about four hours or until dried out. Then, blend or grind up the dehydrated kimchi until its powder-fine. (If you don't have the time or patience for this process, Williams recommends subbing in any store-bought vegetable powder, such as spinach or beet.)

Healthier buffalo wings

"Restaurant chicken wings are often coated with white flour and fried in vegetable oil. I like to bake my wings until they are super crispy and then toss them in our vegetable-based buffalo sauce," explains Williams.

Her butter-free buffalo sauce combines diced vegetables including red peppers, carrots, onions with tomato paste, cider



Healthy hacks for game day snacks. ISTOCK PHOTO

vinegar and maple syrup to give it a tang and thickness. The wings are tossed with canola oil and sea salt and then baked at high heat. She pairs it with a "blue cheese" dipping sauce, which blends cashews until they're creamy and adds apple cider and lemon.

For the kimchi popcorn recipe, visit metro.us



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Does singing bowl therapy really work?

And can it help soothe Trump-induced tensions?



RACHEL RACZKA
@rachelraczka
rachel.raczka@metro.us

Sound healing sits somewhere on the logic cusp of New Age-y and actual science. Theoretically, the claim that sound waves could affect the ebbs and flows of energy within the body the same way they disrupt the surface tension of substances sort of makes sense. Plus, sound therapy has been used as a method of healing since ancient times. Surely there must be something to it?

For me, anxiety from obsessive news-checking has manifested itself in the form of an eye twitch

aggressive enough to pop contact lenses out on the daily. While obviously a privileged dilemma, the distractions were enough to drive me to attempts at holistic healing. Meditative practices had been long touted by colleagues and friends, but they weren't for me. Sound therapy, however, literally sounded delightful.

The bowls hold the answer

Enter: Himalayan singing bowl therapy, a multisensory experience now offered at the Spa at Mandarin Oriental Boston. A therapist places three to five bowls across and around the length of your body, striking them gently with a leather-wrapped ringing mallet.



Himalayan singing-bowl therapy is offered at the Spa at Mandarin Oriental Boston (776 Boylston St.) and starts at \$138 for a 50-minute treatment. For more information or to book a session, contact The Spa at (617) 535 8820. PROVIDED

The claim is that the experience can provide relief for a range of issues, from inflammation and digestive disorders to plain old anxiety.

My therapist, Ivna, demonstrates what happens when her mallet raps a bowl filled with water; vibrations move across the surface, giving the appearance of something gelatinous yet alive. Your body is about 70 percent water,

she reasons, so the vibrations resonate on a cellular level, releasing blocked energy paths and restoring balance. The bowls themselves are from Nepal and made of seven traditional metals — a symbolic representation of the seven chakras of the body.

The loudest massage you've ever had

The bowls are placed around and on the body, from head to toe, and in a dimly lit room Ivna becomes the front of the drumline, striking each in a soporific pattern, echoing from ear to ear. The effect is trance-inducing and impossible to ignore. A wandering mind is quickly silenced by metallic hums, and you grow less aware of the gentle vibrations rippling through the surface

of your body as Ivna glides the bowl from side to side. Ivna, who also specializes in reiki, performed a reading and informed me of a blockage in my sacral chakra (read: GI tract), which caused her to concentrate some of her bowl work across my hips. This could be an issue with making gut decisions ... or possibly lactose intolerance.

But does it work?

While the eye twitch is likely blue-light-induced, and will only deplete once I forgo sleeping with Twitter under my pillow, the experience of forced meditation for a person who cannot independently meditate was additively therapeutic. Knowing the mind and body can transcend into a state of mindlessness and weightless contentment with less effort than a runner's high is bliss in itself. The singing bowls aren't going to make the news cycle go away, but they are a reminder for the holistic skeptic that mindfulness is good and restorative. And wouldn't it give you peace of mind to give it a try?

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**KYLE
VAN
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NEW ENGLAND PATRIOTS



KYLE VAN NOY
#53 OLB

Height: 6'3" Weight: 243 Age: 26
Born: June 19, 1990, Reno, Nevada
College: BYU

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Kyle Van Noy meets with fans at Modell's in Medford this past Friday. COURTESY PHOTO

Van Noy is one of several key in-season additions for Patriots

A large part of the Pats' success is due to trades during the season.

JAMES TOSCANO
@Jimmy_Toscano
sports@metro.us

The NFL gives its fans plenty of reasons to be excited during the course of a season, but one aspect of the game certainly does not match up with that of the other major sports: trades.

The league that does its fair share of trading during the NFL Draft, but rarely sees players traded during the season.

Unless you're the New England Patriots.

Bill Belichick, Nick Caserio, and the rest of the Patriots front office always seem to have their hands in a trade or two during the season, looking to add to their usually stacked talent to put them over the top.

They've traded away players like Deion Branch (2006) and acquired others like Aqib Talib (2012). They aren't afraid to shake things up — but usually they can afford to take the risk.

In October 2014, the Patriots acquired Akeem Ayers from the Tennessee Titans and Jonathan Casillas from the Tampa Bay

Buccaneers, both for draft picks. Those two players came from non-contenders to help contribute to the Patriots Super Bowl XLIX championship.

As the Patriots prepare for Super Bowl LI this week, they hope their trades can have the same effect it had two years ago.

Days before the season opener, the Patriots acquired defensive back Eric Rowe from the Philadelphia Eagles. In October 2016, the Patriots acquired linebacker Kyle Van Noy from the Detroit Lions.

"Obviously, our coaching staff gets guys that they feel skill wise feel can compete and help us," Devin McCourty told reporters last week, "but I think the mentality of the guys that have come in here, whether it was Ayers or Casillas two years ago, or these guys this year, come in with a mentality of hard work and want to play, they want to be a part of it. E-Rowe (Eric Rowe) and KV (Van Noy) both didn't play immediately. They had to practice, get in the rhythm, learn the defense, and then after a couple of weeks, they wanted to be out there, and as soon as they got out there, they made plays."

Van Noy is part of a new-look linebacker corps

this season. Along with fellow new additions Shea McClellan and Elandon Roberts, that group has gelled in a relatively short amount of time under the leadership of Don'ta Hightower. In fact, Van Noy has grasped the Patriots playbook and language so well that at times this season he's worn the "green dot" on his helmet, signaling that he's the communicator on the field with his teammates.

After beginning his Patriots career as a healthy scratch, Van Noy has become an integral piece at linebacker, rotating in and sticking to the role he was assigned when he was traded to New England. In the AFC Championship Game, Van Noy forced a fumble that led to a Patriots touchdown on a short field to put them up 33-9 late in the third quarter. Rowe intercepted Ben Roethlisberger early in the fourth quarter to essentially seal the game.

"There have been times now that me and KV can kind of just look at each other and we kind of know what to expect, what we're thinking," Hightower told reporters in early January. "Whenever you get that, you can play a lot faster and kind of anticipate things. You try and get a jump on the offense."

Time to get back to work



After relaxing (for the most part) during the NHL All-Star Break, the Bruins hit the ice to start the season's second half Tuesday night in Tampa, a 7:30 start on NESN. GETTY IMAGES

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LEGAL NOTICES

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **James Drouin and Michelle Drouin** to Champion Mortgage, a Division of Keybank National Association dated September 26, 2006, recorded at the Middlesex County (Southern District) Registry of Deeds in Book 48298, Page 492; said mortgage was then assigned to Household Finance Corp II by virtue of an assignment dated February 12, 2007, and recorded in Book 49141, Page 193; and further assigned to U.S. Bank Trust, N.A., as Trustee for LSF9 Master Participation Trust by virtue of an assignment dated February 9, 2015, and recorded in Book 64956, Page 85; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 10:00 AM on **February 22, 2017**, on the mortgaged premises. This property has the address of 61 Lincoln Street, Marlborough, MA 01752. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

THE LAND IN MARLBOROUGH, MIDDLESEX COUNTY, MASSACHUSETTS, WITH THE BUILDINGS THEREON, SITUATED ON THE NORTHERLY SIDE OF EAST LINCOLN STREET, BOUNDED AND DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHWESTERLY CORNER OF THE PREMISES AT SAID STREET AND AT LAND NOW OR FORMERLY OF PATRICK C. MCCARTHY AND RUNNING; THENCE NORTHERLY BY LAND OF SAID MCCARTHY, ONE HUNDRED FORTY-EIGHT AND FIVE TENTHS (148.5) FEET TO LAND NOW OR FORMERLY OF EDWARD J. LARIVIERE; THENCE EASTERLY BY LAND OF SAID LARIVIERE, FORTY-NINE (49) FEET TO LAND NOW OR FORMERLY OF ARTHUR P. O'LEARY AT ALE; THENCE SOUTHERLY BY LAND OF SAID O'LEARY, ONE HUNDRED FORTY-EIGHT AND FIVE TENTHS (148.5) FEET TO SAID STREET; THENCE WESTERLY BY SAID STREET, FORTY-NINE (49) FEET TO THE POINT OF BEGINNING. BEING THE SAME PREMISES CONVEYED TO MARY E. CARNEY BY DEED OF ROBERT G. FRENCH, JR. AND MARY D. FRENCH DATED SEPTEMBER 3, 1985 AND RECORDED AT THE MIDDLESEX SOUTH REGISTRY OF DEEDS IN BOOK 16407, PAGE 102. ADDRESS: 61 LINCOLN ST.; MARLBOROUGH, MA 01752370 TAX MAP OR PARCEL ID NO.: 57-247

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable, in the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE:

Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS (\$10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claims in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged.

Other terms, if any, to be announced at the sale.

Dated: January 17, 2017
U.S. Bank Trust, N.A.,
as Trustee for LSF9 Master Participation Trust
By its Attorney DOONAN, GRAVES & LONGORIA, LLC
100 Cummings Center Suite 225D
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DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

TO: Kevin Donoghue, Individually and as personal Representative of the Estate of Helen Donoghue-Manning; Joseph Donoghue; Richard Donoghue; Janet Wehbe and to all persons entitled to the benefit of the Servicemembers Civil Relief Act; 50 U.S.C. 50 §3901 (*et seq*):

U.S. Bank Trust, N.A., as Trustee for LSF9 Master Participation Trust claiming to have an interest in a Mortgage covering real property in Boston (West Roxbury), numbered 53 Salman Street, given by Helen Donoghue-Manning to Mortgage Electronic Registration Systems, Inc. as nominee for Countrywide Home Loans, Inc. Its successors and assigns, dated June 4, 2007, and Registered with Suffolk County Registry District of the Land Court as Document Number 738354 noted on Certificate of Title Number 97220, and now held by plaintiff by assignment has/have filed with this court a complaint for determination of Defendant's/ Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before March 6, 2017 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on January 23, 2017
Attest:

Deborah J. Patterson
Recorder
(14-018463 OM)

1/31/17

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Juliana H. Goncalves to Option One Mortgage Corporation, a California Corporation, dated November 7, 2005 and recorded with the Suffolk County Registry of Deeds at Book 38502, Page 126 subsequently assigned to Wells Fargo Bank, N.A., as Trustee for Option One Mortgage Loan Trust 2006-1 Asset-Backed Certificates, Series 2006-1 by Sand Canyon Corporation F/K/A Option One Mortgage Corporation by assignment recorded in said Suffolk County Registry of Deeds at Book 50614, Page 193; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on February 21, 2017 at 113 Summer Street Unit #44, Boston (East Boston), MA, all and singular the premises described in said Mortgage

TO WIT:

the Unit described above (the "Unit") in the Carlton Wharf Condominium (the "Condominium"), a condominium established by Master Deed (the "Master Deed"), dated April 15, 2005 and recorded with the Suffolk County Registry of Deeds in Book 37009, Page 97 in accordance with the provisions of Massachusetts General Laws Chapter 183A, grants the Unit to the Grantee with Quiet Claim Covenants for the consideration stated above. The Unit is shown on the plan attached hereto to which is affixed a verified statement in the form provided for in Massachusetts General Laws Chapter 183A, Section 9. The unit is conveyed together with: (a) the undivided percent interest in the common areas and facilities of the Condominium as listed above, as set forth in the Master Deed; (b) an easement for the exclusive use of certain common areas of the Condominium to the extent set forth in the Master Deed if any; (c) an easement for the continuance of all encroachments by the Unit on any other Unit or the common areas and facilities existing as a result of construction of the Buildings, or which may come into existence hereafter as a result of the reconstruction, repair, shifting, settlement or other movement of any portion of the improvements comprising the Condominium; (d) the right to use the common areas and facilities in common with other Units and other entitled thereto in the Condominium; and (e) any other appurtenant rights of the Unit provided in the Master Deed or the Declaration of Trust of Carlton Wharf Condominium Trust (the Declaration of Trust"), dated April 15, 2005 and recorded with said Deeds in Book 37009, Page 116. The Unit is conveyed subject to: (a) easements in favor of all other Units and in favor of the common areas and facilities for the continuance of all encroachments of such other Units or Easement Owners or common areas and facilities on the Unit existing as a result of construction of the Buildings, or which may come into existence hereafter as a result of the reconstruction, repair, shifting, settlement or other movement of any portion of the improvements comprising the Condominium; (b) the provisions of the Master Deed, the Declaration of Trust, the By-Laws set forth in the Declaration of Trust and any rules and regulations promulgated thereunder, as the same may be amended from time to time by the recording of an instrument effectuating the same, which provisions, together with any amendments thereto, shall constitute covenants running with the Land and shall bind any person having at any time any interest or estate in the Unit, its family, servants, invitees or visitors, as though such provisions were recited and stipulated in their entirety herein; (c) such taxes for the current fiscal year as are not now due and payable; (d) the provisions of the Massachusetts General Laws Chapter 183A, as such Chapter 183A may be amended from time to time. The Unit is to be used only for the purposes specified in the Master Deed and is subject to the restrictions contained in said Master Deed. For title reference, see Deed from Trinity Carlton LLC dated September 24, 2003 recorded with Suffolk County Registry of Deeds in Book 33265, Page 56, and deed recorded herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Wells Fargo Bank, National Association as Trustee for
Option One Mortgage Loan Trust 2006-1, Asset-Backed
Certificates, Series 2006-1
Present Holder of said Mortgage,
By its Attorneys, ORLAND MORAN PLLC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800 14-001408

January 31, 2017, February 7, 2017 and February 14, 2017

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Christopher J. Delaney, Claire D. Delaney to Mortgage Electronic Registration Systems, Inc. as nominee for Mortgage Lenders Network USA, Inc. dated November 17, 2006, recorded at the Middlesex County (Southern District) Registry of Deeds in Book 48544, Page 369; said mortgage was then assigned to Merrill Lynch Mortgage Lending, Inc. by virtue of an assignment dated May 15, 2009, and recorded in Book 53722, Page 580; and further assigned to Deutsche Bank National Trust Company as Trustee for the MLN Trust Series 2007-MLN1 by virtue of an assignment dated May 15, 2009, and recorded in Book 53722, Page 581; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 12:00 PM on **February 22, 2017**, on the mortgaged premises. This property has the address of 6 Everett Circle, Hopkinton, MA 01748. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

That certain parcel of land with all improvements thereon, shown as Lot 16, Everett Circle, Hopkinton, Middlesex County, Massachusetts, on that certain plan entitled: "Emerald Hills East, Open Space and Landscape Preservation and Development, Hopkinton, MA. Definitive Subdivision of Land" by Harry R. Feldman, Inc., dated June 24, 1996 and revised through March 6, 1997, recorded with the Middlesex Registry as Plan No. 498 of 1997, at Book 27317, Page 30 through 44. The mortgagor(s) expressly reserve my/our rights of Homestead and do not wish to terminate my/our Homestead by granting the within conveyance notwithstanding my/our waiver of such homestead in paragraph 24 of the within mortgage. However, the mortgagor(s) herein hereby expressly subordinate any and all such Homestead rights to the foregoing mortgage. Together with the right to pass and re-pass over the ways shown on said Plan as may be consistent with town ways in the Town of Hopkinton. Meaning and intending to convey and hereby conveying the same premises conveyed to me/us by deed dated 04/16/2002 and recorded with Middlesex South Registry of Deeds in Book 35319, Page 84.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable, in the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

Terms of Sale: Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS (\$10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged. Other terms, if any, to be announced at the sale.

Dated: January 17, 2017
Deutsche Bank National Trust Company
as Trustee for Merrill Lynch Mortgage Investors Trust,
Mortgage Loan Asset-Backed Certificates, Series 2007-MLN1
By its Attorney DOONAN, GRAVES & LONGORIA, LLC
100 Cummings Center, Suite 225D Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
25509.91 (DELANEY)

1/24/17, 1/31/17, 2/7/17

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LEGAL NOTICES

DIVORCE SUMMONS BY PUBLICATION AND MAILING

Docket No. NO17D0017DR

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Emmanuel Lamy vs. Dorisse M Lamy

To the Defendant:

Norfolk Probate and Family Court
35 Shawmut Road, Canton, MA 02021

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Desertion

The Complaint is on file at the Court. An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Harvey J. Bazile, Esq., Law Office of Harvey J. Bazile, 741 Broadway, Somerville, MA 02144** your answer, if any, on or before **04/20/2017**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. John D Casey, First Justice of this Court.

Date: January 19, 2017

[Signature]
Register of Probate

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **Christine C. Croteau** to North Middlesex Savings Bank dated March 9, 2004, recorded at the Middlesex County (Southern District) Registry of Deeds in Book 42217, Page 207; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 11:00 AM on **February 22, 2017**, on the mortgaged premises. This property has the address of 198 Boston Post Road East, Unit 2F, Cider Hill Condominium C, Marlborough, MA 01752. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

The Unit known as 2F, at 198 Boston Road, Marlboro, Middlesex County, Massachusetts (the "Unit") within Cider Hill Condominium C (the "Condominium"), a condominium established pursuant to Massachusetts General Laws, Chapter 183A by Master Deed dated August 4, 1980, and recorded with said Deeds in Book 14031, page 541 (the "Master Deed"). The Unit is shown on the floor plans filed simultaneously with the Master Deed in said Deeds and on the copy of the portion of said plans to which is affixed the verified statement required by Section 9 of said Chapter 183A. The Unit is conveyed together with: 1. an undivided 10.19 percent interest in the Common Elements described in the Master Deed; 2. an easement for the use of the unassigned outdoor parking space; 3. the rights and obligations of membership in the Cider Hill Condominium C Association (the "Condominium Association"); 4. the rights and obligations of membership in the Cider Hill Homes Association, Inc. (the "Homes Association"); 5. an easement for the continuance of all encroachments by the Unit on any adjoining units or Common Elements existing as a result of construction of the building in which the Unit is located (the "Building"), or which may come into existence hereafter as a result of settling or shifting of the Building, or as a result of repair or restoration of Building or of the Unit after damage or destruction by fire or other casualty or after taking in condemnation or eminent Common Elements made in accordance with the Master Deed and Declaration; 6. an easement in common with the owners of others Units to use any lines, pipes, wires ducts, flues, cables, conduits, public utility lines and other Common Elements located in any of the other units or elsewhere in the Condominium, and serving the Unit; 7. such other rights and easements appurtenant to the Unit as set forth in the Declaration of Covenants, Easements and Restrictions by Grantor dated and recorded with said Deeds in Book 13855, Page 650 (the "Declaration"), the Master Deed, the By-laws of the Condominium Association and the By-laws of the Homes Association (the "Documents"). The Unit is conveyed subject to: 1. The covenants, easements and restrictions contained in the Declaration, and Grantee, by its acceptance hereof, hereby covenants and agrees to pay all charges and assessments hereafter levied by the Homes Association or the Condominium Association. 2. Easements in favor of adjoining units and in favor of the Common Elements for the continuance of all encroachments of such adjoining units or Common Elements on the Unit which may come into existence hereafter as result of settling or shifting of the Building, or as a result of repair or restoration of the Building destruction by fire or other casualty or after a taking in eminent domain proceedings or by reason of an alteration or repair to the Common Elements made in accordance with the Master Deed and Declaration. 3. An easement, in favor of the other units to use the lines, pipes, wires, duct, flues, conduits, cables, public utility lines and other Common Elements located in the Unit and serving such other units. 4. Rights in favor of the owner of any other unit to use other unassigned parking space; 5. The provisions of the Declaration, the master Deed, the by-laws of the Condominium Association, the by-laws of the Home Association, and the floor plans of the Condominium recorded simultaneously with and as part of the Master Deed, as the same may be amended from time to time by an instrument duly recorded with Middlesex South Deeds, which provisions, together with any amendments thereto, shall constitute covenants running with the land and shall bind any person having at any time any interest or estate in the Unit, his family, tenants, servants and visitors, as though such provisions were recited and stipulated at length herein. The Unit may be used only for residential purposes by the owner thereof or his tenants and members of their prospective immediate families or such owner or tenant and one person unrelated by blood or marriage. Being the same premises conveyed to me by Deed dated February 20, 2004 recorded herewith in the Middlesex South Registry of Deeds.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE:

Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS (\$10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

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Dated: January 17, 2017
North Middlesex Savings Bank
By its Attorney DOONAN, GRAVES & LONGORIA, LLC
100 Cummings Center
Suite 225D Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
53139 (CROTEAU)

1/24/17, 1/31/17, 2/7/17

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Across

- 1 Run in neutral
- 5 She turned men into swine
- 10 Tilly and Ryan
- 14 "Crazy" bird
- 15 Dolphin habitat
- 16 Mexican pot
- 17 Mumble
- 18 Subatomic particles
- 19 Puff along
- 20 -- the Hun
- 22 Croc Dundee and mates
- 24 100 yrs.
- 25 Zipped by
- 26 Agatha colleague
- 30 Mrs. Peel, et al.
- 35 Diamond stat
- 36 Cote murmur
- 37 Irk
- 38 Fuel repository
- 41 Stronghold
- 43 Traffic light color
- 44 Jollity
- 45 Umbrage
- 46 Roundup gear
- 47 Add-ons
- 50 Hunky-dory
- 53 Actress -- Hagen
- 54 Swimsuit fabric
- 58 Post twice
- 62 Limerick site
- 63 Japanese American

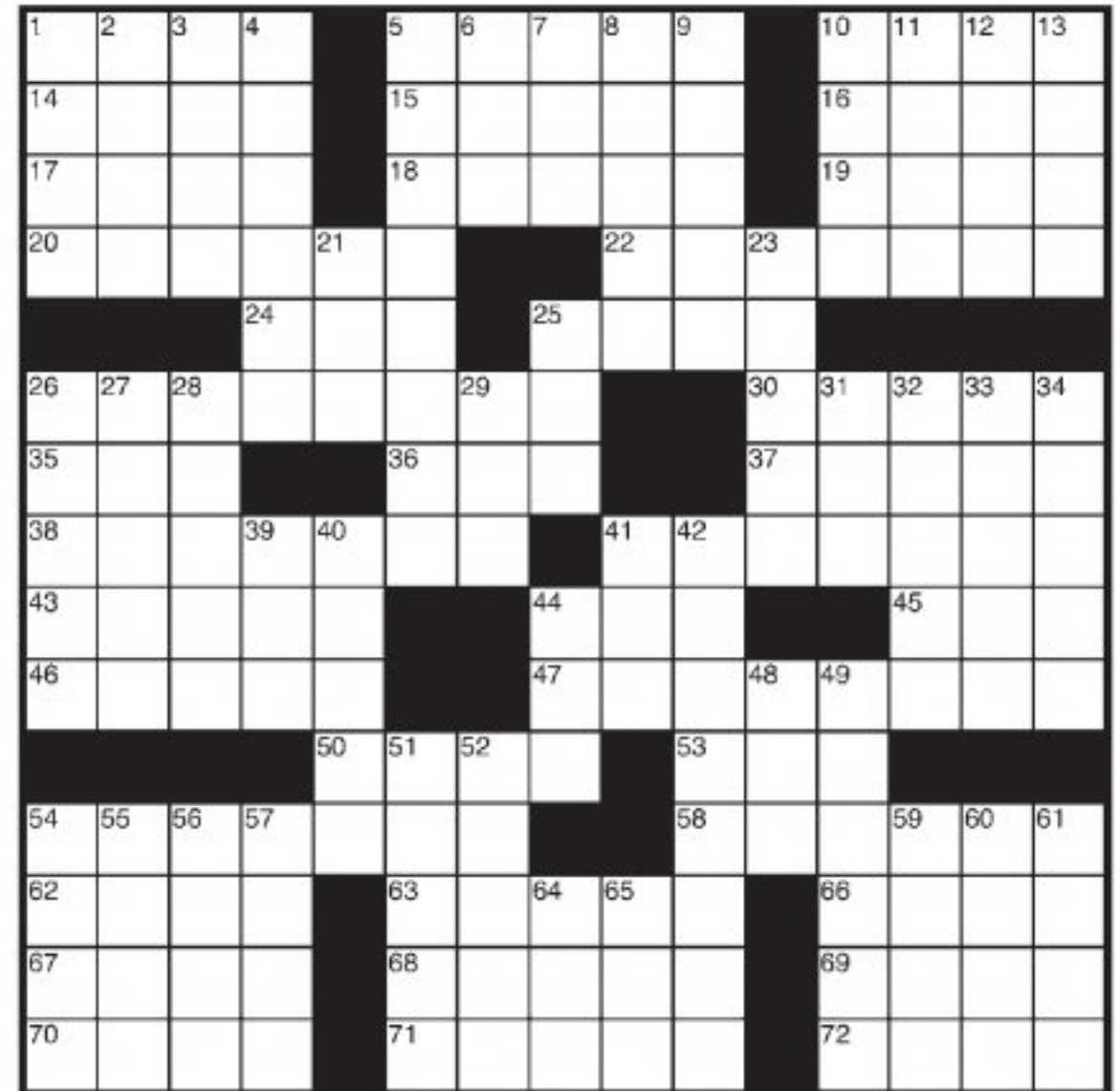
- 66 Gaelic
- 67 Fish without scales
- 68 -- kidding!
- 69 Mr. Neeson of film
- 70 Experts
- 71 Hymn finales
- 72 Wild oxen of Tibet

Down

- 1 Rick's old flame
- 2 Simpleton
- 3 Boor
- 4 Make wealthy
- 5 Gymnast Nadia --
- 6 Hosp. locale
- 7 Vintage auto

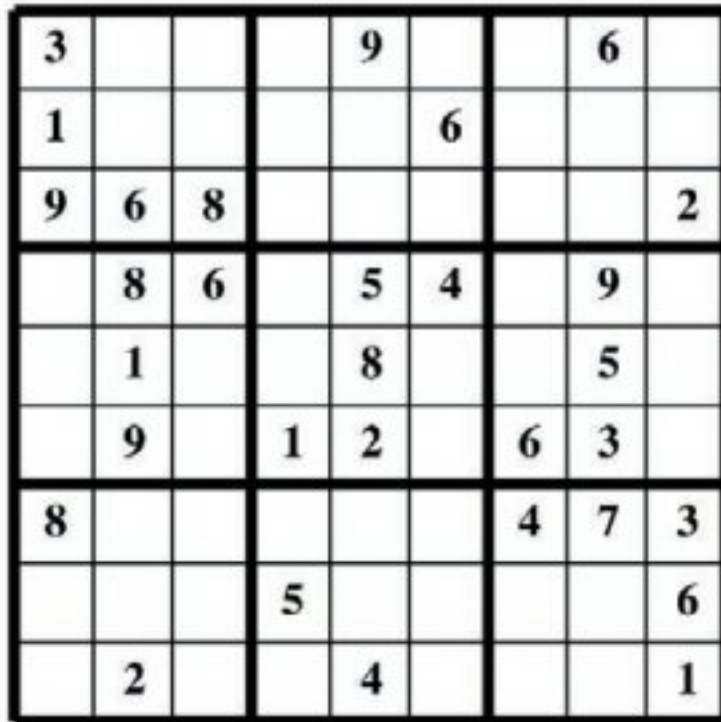
- 8 Place for locks
- 9 Come next
- 10 Soft shoes
- 11 Grades 1-12
- 12 Book-binder's need
- 13 Droops
- 21 Luau welcome
- 23 Did the floor
- 25 Andy Capp's wife
- 26 Iron-on picture
- 27 Bakery lure
- 28 Swedish autos
- 29 Nol or Chaney
- 31 Give -- -- break
- 32 Army doc
- 33 Ward off
- 34 Graf rival
- 39 Guitarist -- Paul
- 40 Hatchlings
- 41 Cow's mouthful
- 42 Accident results
- 44 Wray of "King Kong"
- 48 Navajo foe
- 49 To wit
- 51 Where Nairobi is
- 52 Math proposition
- 54 Ooze out
- 55 Jetty
- 56 The younger Guthrie
- 57 Capone foe
- 59 Diva's melody
- 60 Baroness Karen
- 61 Moon buggies
- 64 Prefer charges
- 65 Direction ender

metro.us/crossword



metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Not everyone will approve of the changes you want to make, but you have to do what's best for you and proceed without hesitation. Actions speak louder than words.



Taurus Let your creativity help you find solutions. Don't dismiss your feelings. Your intuitive awareness will guide you in a direction that will encourage honesty from yourself.



Gemini Stay focused on your end goal. Do your best to get ahead by working hard and being responsible. You can bring about change if you are willing to go the distance.



Cancer Share your thoughts and look for solutions. Sticking to what's realistic and using common sense will make life easier. Self-awareness will lead to enlightenment.



Leo Making travel plans or domestic alterations that will encourage you to spend more time working on personal goals is encouraged. Added discipline will help you.



Virgo Keep your money and possessions locked up. Don't be tempted to gamble or to pay for someone else's mistakes. Don't let someone take advantage of you.



Libra Emotional energy will surface, giving you the drive you need to make things happen. Choose to engage in positive, progressive action and avoid disputes.



Scorpio Get out and have fun. Try something new or engage in activities that will motivate you to try new things. Make a commitment to yourself or someone you love.



Sagittarius It's a good day to stay active. More action and less talk will help you avoid being taken for granted. Don't limit what you can do. Do what's best for yourself.



Capricorn Rely on past experience to help you make wise choices. Don't get swept into someone else's plans when you have good ideas that should be implemented.



Aquarius You can create a safe zone if you distance yourself from users and abusers. Focus on taking care of your needs and the needs of those you love.



Pisces Emotions can be helpful if you speak from the heart and let your true feelings and intentions be known. It's hidden matters and secrets that will get in your way. EUGENIA LAST

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